# A note on Hempel-McMillan coverings of 3-manifolds

J. C. Gómez-Larrañaga<sup>\*</sup> F. González-Acuña<sup>†</sup>

Wolfgang Heil<sup>‡</sup>

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#### Abstract

Motivated by the concept of  $\mathcal{A}$ -category of a manifold introduced by Clapp and Puppe, we give a different proof of a (slightly generalized) Theorem of Hempel and McMillan: If M is a closed 3-manifold that is a union of three open punctured balls then M is a connected sum of  $S^3$  and  $S^2$ -bundles over  $S^1$ .<sup>1</sup><sup>2</sup>

### 1 Introduction

The concept of an  $\mathcal{A}$ -category of a manifold was introduced in [CP]. A special case of this concept for a closed, connected 3-manifold M is as follows: Let A be a point, a 1-sphere  $S^1$ , a 2-sphere  $S^2$ , a projective plane  $P^2$ , a 2-dimensional torus  $T^2$ , or a 2-dimensional Klein bottle  $K^2$ . An open set C of M is A-categorical if there exist maps  $\phi : C \to A$  and  $\rho : A \to M$  such that the inclusion map  $i: C \to M$  is homotopic to  $\rho \cdot \phi$ .

The A-category of M, A-cat(M) is the minimal number of A-categorical open sets that cover M. When A is a point, the A-category of M is the classical Lusternik-Schnirelmann category cat(M) of M. This invariant was studied in [GG]. In a forthcoming paper [GGH2] we will study the case  $A = S^1$ .

In order to better understand the A-category invariant we start by studying what we will call the "Hempel-McMillan" coverings of 3-manifolds. These are

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<sup>\*</sup>Centro de Investigación en Matemáticas, A.P. 402, Guanajuato 36000, G<br/>to. México. jcarlos@cimat.mx

 <sup>†</sup> Instituto de Matemáticas, UNAM, Ciudad Universitaria, 04510 México, D.F. México. fico@math.unam.mx

 $<sup>^{\</sup>ddagger}$ Department of Mathematics, Florida State University, Tallahasee, FL 32306, USA. heil@zeno.math.fsu.edu

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coverings of M by the interiors of given  $I^k$ -bundles over a fixed A, where k + dim(A) = 3. When A is a point then this is a covering of M by open balls. It is well known that if M is covered by two balls then  $M=S^3$  (see e.g. [GGH1]) and the existence of a Heegaard-splitting shows that every M can be covered by four open balls. Hempel and McMillan [HM] proved that if M is covered by three open balls, then M is a connected sum of finitely many  $S^2$ -bundles over  $S^1$ . Up to the Poincarè Conjecture the same is true for cat(M) ([GG]).

When A is as above the manifolds covered by the interiors of two  $I^k$ -bundles were classified in [GGH1]. In order to study the classification of 3-manifolds covered by three sets of this type, we start with the case that A is a point or  $S^2$  and give in this paper a new proof of (a generalized) Hempel-McMillan Theorem, which possibly can be adapted to classify manifolds M covered by three open  $I^k$ -bundles over  $S^1$ ,  $P^2$ ,  $T^2$ , or  $K^2$ .

### 2 Preliminaries

We first establish a corollary that allows us to work in the pl-category.

The following lemma is well-known (see e.g. [D, Chapt. VII, Thm 6.1]) and easy to prove:

**Lemma 1** If  $\{U_1, \ldots, U_m\}$  is an open cover of the normal space X, then there is a closed cover  $\{C_1, \ldots, C_m\}$  of X with  $C_i \subset U_i$   $(i = 1, \ldots, m)$ .

**Lemma 2** Let  $M^n, W_1, \ldots, W_m$  be smooth compact *n*-manifolds with  $M^n$  closed. Let  $\{U_1, \ldots, U_m\}$  be an open cover of  $M^n$  with  $U_i$  diffeomorphic to int  $W_i$  $(i = 1, \ldots, m)$ . Then there exist smooth embeddings  $f_i : W_i \to M^n$  such that (1)  $\bigcup_{i=1}^m int f_i(W_i) = M^n$  and

(2)  $f_i(\partial W_i)$  is transversal to  $\bigcap_{j < i} f_j(\partial W_j)$  for i = 2, ..., m.

### Proof.

By Lemma 1 there exist  $C_1, \ldots, C_m$  compact with  $C_i \subset U_i$   $(i = 1, \ldots, m)$ and  $\bigcup_{i=1}^m C_i = M^n$ . For each *i* there are submanifolds of  $U_i$  diffeomorphic to  $W_i$  and with interior containing  $C_i$ . Let  $f_1 : W_1 \to U_1$  be a smooth embedding with  $C_1 \subset intf_1(W_1)$ .

Suppose that inductively we have defined for  $i = 1, \ldots, k$  smooth embeddings  $f_i : W_i \to U_i$  with  $C_i \subset int f_i(W_i)$  and such that (2) holds. Then, if k < m, by the Transversality Theorem and the Stability Theorem for embeddings ([GP, p.68, p.35(e), resp.]) there exists an embedding  $f_{k+1} : W_{k+1} \to U_{k+1}$  with  $C_{k+1} \subset int f_{k+1}(W_{k+1})$  such that (2) holds, completing the inductive construction of the  $f_i$ . Note that (1) holds also since  $C_i \subset int f_i(W_i)$ ,  $i = 1, \ldots, m$ .

Remark: The second condition is equivalent to the following:

If  $x \in f_{i_1}\partial(W_{i_1}) \cap f_{i_2}\partial(W_{i_2}) \cap \ldots \cap f_{i_r}\partial(W_{i_r})$  with  $i_1 < i_2 < \cdots < i_r$ ,  $r \geq 2$ , and if  $n_{i_j}(x)$  is a nonzero vector of  $T_x(M^n)$  perpendicular to the tangent space of  $f_{i_j}\partial(W_{i_j})$  at x (j=1, ..., r), then  $n_{i_1}(x), n_{i_2}(x), \ldots, n_{i_r}(x)$  are linearly independent.

In particular, for m = 3, we obtain the following

**Corollary 3** Suppose M is a closed 3-manifold covered by three open sets  $H_1$ ,  $H_2$ ,  $H_3$ , such that  $H_i$  is homeomorphic to the interior of a compact connected 3-manifold  $V_i$  (i=1,2,3). Then M admits a covering  $M = V_1 \cup V_2 \cup V_3$  such that  $\partial V_1$  is transversal to  $\partial V_2$ , and  $\partial V_3 \subset int(V_1 \cup V_2)$ , and  $V_1$ ,  $V_2$ ,  $V_3$  are pl embedded.

We will use the following notations throughout this paper:

- $\mathbb{B}$  denotes a connected sum of  $S^3$  and  $S^2$ -bundles over  $S^1$  (with finitely many factors).
- H or  $H_i$  denotes a punctured ball with finitely many punctures (possibly no punctures).
- W or  $W_i$  denotes a handlebody (orientable or non-orientable).

By an *n*-times punctured M we mean a manifold obtained from M by removing interiors of n disjoint balls in int(M). We allow n = 0. Note that a connected punctured M = M # H, for some punctured ball H.

By an open punctured ball we mean a manifold homeomorphic to an open ball with a finite number of points removed.

**Lemma 4** Suppose N is a connected 3-manifold that is a union of punctured balls  $B_1, \ldots, B_n$  such that  $\partial B_i \cap \partial B_j = \emptyset$  for  $i \neq j$ , then  $N = \mathbb{B} \# H$ .

#### Proof.

For a fixed index i  $(1 \le i \le n)$  the collection of 2- spheres  $(\partial B_1 \cup \cdots \cup \partial B_n) \cap intB_i$  cuts  $B_i$  into punctured balls  $B_{i_1}, \ldots, B_{i_{n_i}}$ . Now N is obtained from a collection of punctured balls by identifying (some) boundary spheres in pairs. The result follows.

A 3-manifold N is obtained from a collection of 3-manifolds  $N_1, \ldots, N_n$  by successive 1-handle attachments if we start by attaching a 1-handle to  $N_1 \cup \cdots \cup N_n$  (either to one component  $N_i$  or two components  $N_i, N_j$ ) and then successively repeat attaching 1-handles to the resulting collections of 3-manifolds (a finite number of times).

The following lemma is easily proved by induction on the number of 1-handle attachments (see e.g. [GH, Lemma 2(a)]).

**Lemma 5** If N is a connected 3-manifold obtained from a collection of punctured balls  $B_1, \ldots, B_m$  by successive 1-handle attachments then  $N = \mathbb{B} \# W_1 \# \cdots \# W_n \# H$ , for some  $n \ge 0$ .

### 3 Union of two balls

Suppose  $B_1$ ,  $B_2$  are two punctured balls embedded in the interior of some 3manifold with  $\partial B_1$  transversal to  $\partial B_2$ . Let  $N = B_1 \cup B_2$ . If F is an innermost planar surface of  $\partial B_1 \cap B_2$ , not a disk, we attach 2-handles to  $B_2$  (near F) to obtain a new punctured ball  $B_2^*$  so that N is homeomorphic to  $B_1 \cup B_2^*$  and the component F of  $\partial B_1 \cap B_2$  is replaced by a disk component  $\hat{F}$  of  $\partial B_1 \cap B_2^*$ . We call this process a 2-handle move on  $B_2$  near F (see Fig. 1).

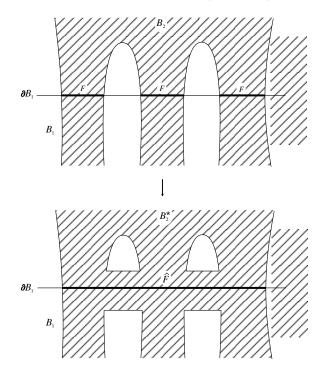


Figure 1: A 2-handle move

**Theorem 6** Suppose  $B_1$ ,  $B_2$  are two punctured balls embedded in the interior of some 3-manifold with  $\partial B_1$  transversal to  $\partial B_2$  and let  $N = B_1 \cup B_2$ . Then  $N = \mathbb{B} \# W_1 \# \cdots \# W_n \# H$  for some  $n \ge 0$ .

### Proof.

If  $\partial B_1 \cap \partial B_2 = \emptyset$  then Lemma 4 applies. Otherwise the components of  $\partial B_1 \cap B_2$  are planar surfaces.

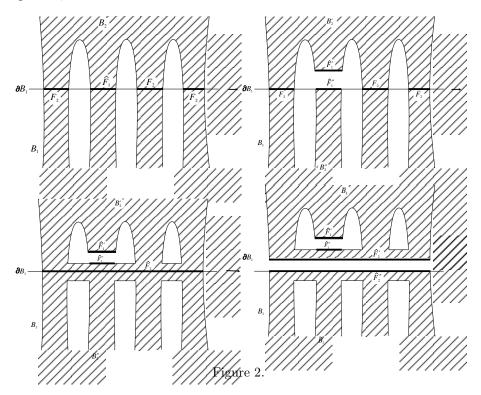
Step 1: Suppose there is a disk component  $\widehat{F}$  of  $\partial B_1 \cap B_2$ .

Do surgery on  $\widehat{F}$  to cut  $B_2$  into two punctured balls with copies  $\widehat{F}'$  and  $\widehat{F}''$  of  $\widehat{F}$  in their boundaries.

Step 2: Suppose F is an innermost planar surface of  $\partial B_1 \cap B_2$ , not a disk.

Perform a 2-handle move on  $B_2$  near F and then do step (1) on the resulting disk component  $\hat{F}$ .

Doing steps 1 and 2 repeatedly starting with disk components of  $\partial B_1 \cap B_2$ and then with innermost planar components, we convert  $B_2$  into a collection of punctured balls  $\tilde{B}_k$ . This is illustrated in Fig. 2, doing step 1 on  $\hat{F}_1$  and then step 2 on  $F_2$ . We may ignore those  $\tilde{B}_k$ 's that lie in  $B_1$ . Then N is obtained from  $B_1$  and a collection of punctured balls  $\tilde{B}_k$  by successive 1-handle attachments (in the picture first identity the two copies  $\hat{F}'_2$ ,  $\hat{F}''_2$  of  $\hat{F}_2$ , then two copies  $\hat{F}'_1$ ,  $\hat{F}''_1$  of  $\hat{F}_1$ ) and the Theorem follows from Lemma 5.



# 4 Unions of three balls

We now prove the main Theorem.

**Theorem 7** If M is a closed 3-manifold that is a union of three open punctured balls then  $M = \mathbb{B}$ .

Proof.

By Corollary 3 we may assume that  $\partial B_1$  is transversal to  $\partial B_2$  and  $\partial B_3 \subset int(B_1 \cup B_2)$ . Then the manifold  $N = B_1 \cup B_2$  is as in Theorem 6 and  $M = N \cup B_3$ , with  $\partial B_3 \cap N = \emptyset$ .

We represent N as

$$N = H \cup K_1 \cup \dots \cup K_m \cup W_1 \cup \dots \cup W_n$$

where H is a punctured ball,  $K_j$  is a once-punctured  $S^2$ -bundle over  $S^1$  (j=1, ..., m) and  $W_i$  is a once-punctured handlebody; furthermore  $K_j \cap K_i = W_j \cap W_i = \emptyset$  for  $i \neq j, H \cap K_j = \partial H \cap \partial K_j = C'_j$  is a 2-sphere (j = 1, ..., m) and  $H \cap W_i = \partial H \cap \partial W_i = C_i$  is a 2-sphere (i = 1, ..., n).

Let  $S_j$  be a non-separating 2-sphere in  $intK_j$ . We may assume that  $C_i, C'_j, S_j$  are transversal to  $\partial B^3$ .

If  $B_3 \cap S_j$  consists of planar surfaces perform 2-handle moves on  $B_3$  and cut along disks in a regular neighborhood of  $S_j$  as in the proof of Theorem 6. Do the same for planar surfaces of  $B_3 \cap C'_j$  and  $B_3 \cap C_i$  (j = 1, ..., m, i = 1, ..., n).

Since  $S_j$ ,  $C'_j$ ,  $C_i$  are in int(N) this process converts  $B_3$  into a disjoint collection  $\widetilde{B}_k$  of punctured balls so that  $M = N \cup \bigcup_k \widetilde{B}_k$  where  $\partial \widetilde{B}_k \cap C'_j = \partial \widetilde{B}_k \cap C_i = \partial \widetilde{B}_k \cap S_j = \emptyset$  for all k and  $i = 1, \ldots, n, j = 1, \ldots, m$ .

We now cut N along the non-separating 2-spheres  $S_j$  into  $N' = \widetilde{H} \cup W_1 \cup \cdots \cup W_n$  where  $W_i \cap \widetilde{H} = \partial W_i \cap \partial \widetilde{H} = C_i$  (i = 1, ..., n) and let

$$M' = N' \cup \bigcup_{k} \widetilde{B}_{k} = \widetilde{H} \cup W_{1} \cup \dots \cup W_{n} \cup \bigcup_{k} \widetilde{B}_{k}$$
(\*)

Note that M is obtained from M' by identifying some 2-spheres in  $\partial M'$  in pairs (corresponding to the  $S'_i$ ).

Let  $\partial W_i = T_i \cup C_i$ . Since M is closed we have  $\partial \widetilde{B}_k \cap T_i = \emptyset$  hence  $\partial \widetilde{B}_k \subset int \widetilde{H} \cup int W_i \ (i = 1, ..., m)$ .

If a component S of  $\partial B_k \cap intW_i$  bounds a ball B in  $W_i$  we look at an innermost such B. Then either  $\widetilde{B}_k = B$ , in which case we delete  $\widetilde{B}_k$  from the collection in (\*), or  $\widetilde{B}_k \cap B = S$ , in which case we replace  $\widetilde{B}_k$  in (\*) by  $\widetilde{B}_k \cup B$ . Thus we may assume (since handlebodies are irreducible) that each component S of  $\partial \widetilde{B}_k \cap W_i$  is parallel in  $W_i$  to  $C_i$ , and we can push all components of  $\cup_k \partial \widetilde{B}_k \cap W_i$  across  $C_i$  into  $int\widetilde{H}$  by an isotopy.

Hence we now assume that in (\*)  $\partial B_k \subset intH$  for all k. Since M is closed,  $T_i \subset int\widetilde{B}_k$  for some k.

Let P be a point of  $W_i \setminus T_i$ . We join P by an arc  $\alpha$  in  $W_i$  to a point Q in  $T_i$ such that  $int\alpha \subset intW_i$ . Suppose P does not lie in  $\widetilde{B}_k$ . Then since  $Q \subset \widetilde{B}_k$ , the arc  $\alpha$  must intersect  $\partial \widetilde{B}_k$ . This is impossible since  $\alpha \subset W_i$  and  $\partial \widetilde{B}_k \cap W_i = \emptyset$ .

Hence  $W_i \subset B_k$  and we may delete  $W_i$  in (\*) to obtain  $M' = H \cup \bigcup_k B_k$  as in Lemma 4 (since  $\partial \widetilde{H} \cap \partial \widetilde{B}_k = \emptyset$ ). Hence  $M' = \mathbb{B} \# H$  and  $M = \mathbb{B}$ .

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